

# **APPETIZERS**

# Vegetable Spring Rolls 6.50

Three rolls with house-made sweet thai chili and honey mustard sauce. 805 Calories

### Southwestern Trio of Dips 7.00

Queso, salsa and black bean dip. Served with tortilla chips. 752 Calories

# FRESH SALADS

# House Salad 8.50

Romaine lettuce, grape tomatoes, carrots, bacon bits, shredded cheddar jack cheese and croutons. Served with Ranch dressing. \*Add grilled chicken 3.00 295 Calories

### Cobb Salad 9.00 / Half 4.50

Romaine lettuce, grape tomatoes, avocado, hard-boiled egg and blue cheese. Served with white balsamic vinaigrette. \*Add grilled chicken 3.00 465 Calories

# Caesar Salad 8.50 / Half 4.50

Romain lettuce, croutons dressed with Parmesan cheese. Served with classic Caesar dressing. \*Add grilled chicken 3.00 375 Calories

# Southwest Taco Salad 10.00

Served in a taco shell. Ground beef, romaine lettuce, black beans, red onion, grape tomatoes and shredded cheddar cheese. Served with chili lime vinaigrette. \*Substitute chicken .50 724/607 Calories

### Roasted Beet Salad 8.50

Mixed greens, roasted beets, grape tomatoes, cucumbers, carrots, pecans and feta cheese. Tossed in a lemon thyme vinaigrette. \*Add grilled chicken 3.00 387 Calories

\*Add grilled chicken + 162 Calories



# **PANINIS & SANDWICHES**

Choice of sourough or cracked wheat bread. Served with dill pickle spear. Add cup of soup 5.00.

#### Pangea Salad Wraps 12.00 / Half 6.00

House-made chicken and tuna salads served with romaine hearts, campari tomatoes, hard-boiled eggs and avocado. 537 Calories

#### **Buffalo Chicken Wrap 9.50**

Chicken tossed in buffalo sauce, romain lettuce, tomato, blue cheese and ranch dressing in a sun-dried tomato wrap. 602 Calories

#### Southwestern Black Bean & Guacamole Wrap 8.50

Guacamole, black bean dip, cheddar jack cheese, chopped romaine and salsa in a sun-dried tomato wrap. \*Add grilled chicken 3.00 487 Calories

487 Calories

# Half Tuna or Chicken Salad Sandwich & House Salad 7.00

Choice of tuna salad or chicken salad, lettuce and tomato. Served with small house salad. \*Substitue soup 2.50 301/360 Calories

**Daireds Club Panini 9.75** 

Turkey, ham, bacon, tomato, swiss cheese and avocado aioli.

488 Calories

### BLT 8.00

Applewood-smoked bacon, lettuce and tomato. 515 Calories

#### Tomato & Mozzarella Panini 8.00

Basil garlic aioli, tomato and mozzarella cheese. *510 Calories* 

### California Chicken Panini 10.00

Grilled chicken, muenster cheese, tomato, avocado and tzatziki. 672 Calories

#### ENTREES

### Southwestern Quinoa Bowl 9.00

Quinoa, black beans, corn, roasted bell pepper and avocado. Served with chili lime vinaigrette. \*Add grilled chicken 3.00 429 Calories

#### Street Taco Platter 9.00

Two tacos, pork topped with slaw, chili lime chicken with lettuce and pico de gallo. Served with black bean dip and rice. 647 Calories

# DESSERTS

#### Sweet Sangria Berries 6.00

Seasonal mixed berries soaked in sweet sangria and layered with house-made whipped cream. 278 Calories

### Tiramisu 6.00

Classic coffee-flavored Italian dessert made with delicate espresso-infused sponge cake, layered with lightly sweetened mascarpone cheese and sweet cream. 240 Calories

# Cheesecake 7.00

Traditional New York Style cheesecake with buttery graham cracker crust and creamy cheesecake filling. Garnished with house-made whipped cream. 310 Calories